

## Weekly Reading Plan

Day 1: Setting the Stage & Chapter 1, Joyful Delight

Day 2: Chapter 2, Thoughtful Delight

Day 3: Chapter 3, Playful Delight

Day 4: Chapter 4, Delicious Delight

Day 5: Chapter 5, Desirable Delight

Day 6: Group Discussion

### Conversation Starters

*What kinds of things do you find delightful?*

*How will you keep a lookout for delight this week?*

### Video Recap

Scan here for a brief video recap of this week's *Delight!* theme. Great for individual or small group use.

Or visit <https://bit.ly/delightvids>



Discover more at [Trinityct.org/delight](https://Trinityct.org/delight)

## "The Architecture of Delight"

DELIGHT!  
JUSTIN ROSSOW

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### A Prayer for Delight

Heavenly Father, you delight in me more than I could ever imagine!

Thank you! Thank you for loving me, and choosing me,  
and taking delight in who I am — in the unique person  
you made me to be. Increase my joyful curiosity as I look for  
what you are doing in me and through me.

Give me a sense of excitement as I read your Word and spend time  
with you in prayer. Cause me to delight in your presence  
as you take delight in spending time with me.

Send the Spirit of Jesus to dwell in me:  
in my emotions, my mind, my soul, my senses, and my will.  
Father, enable me more and more to delight in your will and  
walk in your ways to the glory of your holy name. Amen.

Introduction: An image of \_\_\_\_\_ delight.

A. \_\_\_\_\_ Delight engages your *emotions* and makes you go:

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The LORD your God is with you, the  
Mighty Warrior who saves. He will take  
**great delight** in you; in his love he will  
no longer rebuke you, but will **rejoice**  
over you with singing.  
(Zephaniah 3:17)

B. \_\_\_\_\_ Delight engages your *mind* and makes you go:

Behold my servant, whom I uphold,  
my chosen, in whom my soul **delights**;  
I have put my Spirit upon him;  
he will bring forth justice to the nations.  
(Isaiah 42:1, Matt 12:18)

C. \_\_\_\_\_ Delight engages your *soul* and makes you go:

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I will **delight** in your statutes; I will not forget your  
word...

\_\_\_\_\_ I find **delight** in your commandments, which I love...

Let your mercy come to me, that I may live;  
for your law is my delight...  
(Psalm 119:16, 47, 77)

D. \_\_\_\_\_ Delight engages your *senses* and makes you go:

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How sweet are your words to my **taste**,  
sweeter than honey to my mouth! (Psalm 119:103)

**Taste** and see that the LORD is good;  
blessed is the one who takes refuge in him. (Psalm 34:8)

**Delight** yourself in the LORD,  
and he will give you the desires of your heart. (Psalm 37:4)

E. \_\_\_\_\_ Delight engages your *will* and makes you go:

You shall be called My **Delight** Is in Her, and your land  
Married; for the LORD **delights** in you, and your land shall  
be married. (Isaiah 62:4, ESV)

Lead me in the path of your commandments,  
for I **delight** in it. (Psalm 119:35)