

Are you looking for a non-judgmental  
and objective perspective?

Have you felt stuck with no new  
ideas on what to do next?

Would you welcome the chance to  
“hear yourself think” and gain some  
new strategies to do things differently?

Want to have encouragement  
and guidance from a distinctively  
Christian viewpoint?

Looking for ways to improve and  
enhance your personal relationships:  
spouse, child, friend or co-worker?



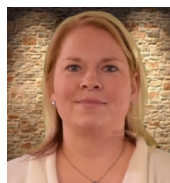
*“Cast your cares on the  
Lord  
and he will sustain you”.  
Psalm 55:22*

## Our Clinicians



**David E. Brown** is a Licensed Professional Counselor (LPC) and a National Certified Counselor (NCC). He brings over 30 years of training and experience in the areas of couple counseling, marriage, relationship enrichment and divorce prevention.

**Kristin Hardy** is a Licensed Professional Counselor (LPC) and a National Certified Counselor (NCC). Her specialty is child and adolescent counseling. Her passion is helping students deal with life's issues and struggles.



**Zhela Bennett** is a Licensed Professional Counselor and Marriage and Family Therapist (LLMFT). She is passionate about serving couples and families, equipping them with tools to find healing along with strengthening relationships.

**Dan Burke MA, LLP** is a licensed psychotherapist with over 30 years of experience. He is trained in Dialectical Behavior Therapy. His focus includes individual and family interventions. Dan's passion is to help and challenge individuals to reach their full potential.



**Amy Prosch LMSW** is a licensed Master Social Worker assisting others since 1989. Her specialty is in trauma, eating disorders, and family relationships. Amy believes strongly in the Christian convictions in which she was raised, and hopes to share these with her clients in session.



A ministry of Trinity Lutheran Church,  
School, and Early Childhood Center  
38900 Harper Avenue  
Clinton Township, MI 48036  
586.463.2921 [www.trinityct.org](http://www.trinityct.org)

# Trinity

## Christian Counseling

Refreshing relationships through  
Christ-centered professional counseling



*“...that times of refreshing may  
come from the Lord.” Acts 3:19*

36405 Harper Avenue  
(in the Normandy Center south of 16 Mile Road)  
Clinton Township, MI 48035  
586-468-0401  
[www.trinityct.org/counseling](http://www.trinityct.org/counseling)  
[counseling@trinityct.org](mailto:counseling@trinityct.org)

*At times, we desire change, but lack the energy or motivation to get started.*

Psalm 51:12 asks God to “grant me a willing spirit to sustain me.” Or to paraphrase *God*, *help me want to* – “*want to*”. So, if you are tired of sitting on “good intentions” and are ready to move on, here’s what to expect.

**In the counseling session**, you’ll set goals, describe your desired outcome, and discover your role in making those changes. You’ll identify new approaches and strategies you may have overlooked.

**Some target areas include:**

**Relationships:** premarital, marital, divorce prevention, interpersonal relationships; parent, teen and family

**Parenting education:** transition to parenthood, parenting through the life cycle, step-parenting

**Grief and loss issues:** loss of a loved one, divorce recovery, job loss, health issues

**Life challenges:** depression, anxiety, elevated stress, financial tensions



**How do I make an appointment?**

Call 586-468-0401 or email [counseling@trinityct.org](mailto:counseling@trinityct.org)

**How long are sessions and what times?**

They are 50 minutes in length. Monday—Friday, regular hours between 8:30 a.m. and 8 p.m.

**What is the cost?** The standard fee is \$100 per session. Several insurance plans are accepted. A sliding fee scale based on household income can be discussed. For Trinity members and staff, there is no charge for the initial consultation session.



**trinitylutheran**  
Engage God • Engage God’s People • Engage the World

**What about confidentiality?** You receive private and confidential counseling. Exceptions are danger to self or potential for harm to others, which will be reported as required by law.

Prior to your first session, you’ll receive a link to the new patient portal. Here you’ll complete an intake form and provide some basic information about your particular needs and goals.

**For more information go to:**

[www.trinityct.org/counseling](http://www.trinityct.org/counseling)



**Our location?** We are in the Normandy Center, 36405 Harper Avenue, Clinton Township, MI 48035. We are south of 16 Mile Road/Metropolitan Parkway (exit 236 off I-94), on the west side between McLaren Medical offices and Huntington Bank.

