

## Today at Children's Church!

Today at Children's church we talked about focusing on what is important in life – Jesus! Our Bible story was from Luke 10:38-42 – the story of when Jesus visited the home of Mary and Martha. As soon as Jesus came over, Martha was so busy trying to make sure everything was perfect for Jesus. But her sister Mary sat at Jesus' feet and listened to Him as He taught. Martha wasn't too happy with Mary because she was doing all the work while Mary was just sitting by Jesus. But Jesus said, "Martha, Martha, you are worried and troubled about many things. Only a few things are important, even just one. Mary has chosen the good thing. It will not be taken away from her." Mary chose the best thing – spending time with Jesus!

So here is what we know today:

Sometimes we get so busy that we lose sight of what is important – Jesus! But Jesus wants us to spend time with Him – He never wants us to be too busy for Him.

Table Talk: Throughout the week, ask your child these questions to get faith conversations rolling at home!

1. What is one new thing you learned in Children's Church this week?
2. Tell me about the Bible story from this week! What happened with Mary, Martha and Jesus?  
*(Jesus visited their home. Martha was busy trying to make things perfect. Mary sat at Jesus' feet and listened. Mary made the better choice to spend time with Jesus)*
3. What distracts you or keeps you busy? What stands in the way of spending time with Jesus?

Weekly Challenge: This week, I encourage you to read Luke 10:38-42 with your kids. Help them think about what distracts them and stands in the way of spending time with Jesus. Then guide them in brainstorming ways they can make time for Jesus.