

Today at Children's Church!

Today at Children's church we talked about worry. Our Bible story was from Luke 12:22-34 when Jesus is telling a crowd of people not to worry about what they will eat or what they will wear. Jesus had the crowd think about the birds – we don't see birds shopping for groceries, that would be silly. But the birds don't need to worry about where their food will come from because God knows exactly what they need and he feeds them. If God takes care of the birds like this, how much more will He take care of us? He loves us so much that He promises to take care of us, no matter what.

So here is what we know today:

God takes care of the birds and flowers – and He promises to take care of us, too!

Table Talk: Throughout the week, ask your child these questions to get faith conversations rolling at home!

1. What is one new thing you learned in Children's Church this week?
2. What kinds of things do you worry about?
3. What is one thing you can do when you feel worried?
(*Pray, read the Bible, talk to an adult who knows Jesus, etc.*)

Weekly Challenge: This week, I encourage you to read Luke 12:22-34 with your kids. Talk about worry and what kinds of things sit on your little one's hearts. Then talk about the incredible love that God has for us, that He promises to take care of us – no matter what! We don't have to worry.