

Weekly Reading Plan

- Day 1: Faithfulness to Complex Truth & Recognizing the Tension
- Day 2: Salvation in Two Acts
- Day 3: What We Miss (Part 1)
- Day 4: Salvation in Three Acts
- Day 5: What We Miss (Part 2) & A Tension With a Shelf Life
- Day 6: Group Discussion



Prefer to listen?
Scan here for a Facebook Live reading of the *Delight!* book.

"Treasured Possession"

DELIGHT!

Discipleship as the Adventure of Loving and Being Loved

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A Prayer for Delight

Jesus, you are my Sacrifice of Atonement: your blood, shed on the cross, covers my sin, cleanses my guilt, and makes me holy in God's sight.

Thank you so much!

Jesus, you are my Sacrifice of Redemption: your death on the cross paid the ultimate price to bring me back into God's family, where I belong.

Thank you so much!

Holy Spirit, deepen my understanding of your love, and help me see myself like you do: as a valuable, beautiful, delightful, and unique person worth redeeming.

Heavenly Father, show me more and more how I can live in confidence that you love me for my own sake, and how I can live in gratitude that you love me only for the sake of Christ.

Cause me to delight in your will and walk in your ways, to the glory of your holy name. Amen.

Conversation Starters

What does healthy self-esteem look like?

"I'm pretty awesome!" or "I'm a failure!" Which feels more natural for you to say? Where does that natural tendency come from?

Video Recap

Scan here for a brief video recap of this week's *Delight!* theme. Great for individual or small group use.

Or visit <https://bit.ly/delightvids>



Discover more at Trinityct.org/delight